



UPDATE

Sexual Health Services
Young People Can Trust



Happy Christmas and New Year from the 4YP team at NHS Bristol! It's been a hugely busy year with some real successes. Our training programme continues to receive outstanding evaluations and we've trained over 500 professionals this year alone, over half of GPs in Bristol are now badged as 4YP and our Don't be the One pledge has received over 500 signatures so far. Also, if you're working with young people remember to remind them that service opening times will change over Xmas and New Year and they'll need to ring ahead to double check. Numbers are on our website.

SHARP Sex Education Day a success

The SHARP youth team led their second Sex Education Day at the end of November. It involved pupils from south Bristol schools. They ran interactive workshops exploring issues from body image to the truth behind pornography and healthy relationships.

Over 50 pupils from 4 different schools completed the day where nurses were on hand to 'ask me anything' and stalls were available about other health issues during their lunch break. Ben, a SHARP member said: "The aim of the day was to allow and aid young people in being safe, being happy and being themselves. We disproved rumors and myths that are passed on through inexperienced banter and ignorance."

Community Conference on FGM

FORWARD, in partnership with Refugee Women of Bristol, will be hosting a community conference where people can join together to strengthen work around ending FGM.

The event will be held on Wednesday 29th February 2012, 10.00am -3pm, at Muller Hall, 39 Seymour Road, Easton, Bristol. Lunch & Refreshments provided and an onsite crèche is available. To attend, please RSVP to Mrs Layla Ismail by email: laylayla12@gmail.com or mobile: 07983428077.

KRIS Resource Service Changes Name

We often signpost professionals to the 'KRIS' service to order any health promotion leaflets they might need. Please note that their name has changed to 'Health Promotion Resource and Information Service' but the website & numbers still apply: <http://www.avon.nhs.uk/kris/default.htm>

**SHARP Sex
Education Day**



**Bristol FGM
Conference**



**KRIS change
name**



**Easton Girls'
Group**



**Xmas opening
times**



**Pleased to meet...
Lucinda Farmer
and Sam
Hayward**





UPDATE

Sexual Health Services
Young People Can Trust



Easton Girls Youth Group Introduce Themselves...

We are a group of girls that meet every week at the Easton community centre between 5-6.30pm. We started meeting up in October so the group is still quite new. So far we have started to get to know one another with listening games and made a banner for the recent Reclaim the Night march that took place in Bristol and decided on some activities that we would like to do.

If you want to know what we are doing each week or want to learn more about us please contact: Em (Platform 51): 0117 9664856 or 0750 0553939
Em.Williams@platform51.org

Xmas opening times at sexual health services

Please remember when signposting young people that opening times will change over the Christmas and New Year period. The best thing to do is ring a service ahead. Check the 4YP website to get those numbers: www.4ypbristol.co.uk. Here are the Bristol Sexual Health Centre opening times for Central Health Clinic and Brook Clinic:

Central Health Clinic

Friday	23/12/11	Normal Service	08.30 – 17.00
Saturday	24/12/11	Normal Service	09.30 – 12.00
<i>(Under 25 Drop-In)</i>			
Monday	26/12/11	Closed	
Tuesday	27/12/11	Closed	
Wednesday	28/12/11	Normal Service	08.30 – 19.00
Thursday	29/12/11	Normal Service	08.30 – 19.00
Friday	30/12/11	Normal Service	08.30 – 17.00
Saturday	31/12/11	Normal Service	09.30 – 12.00
<i>(Under 25 Drop)</i>			
Monday	02/01/12	Closed	
Tuesday	03/01/12	Normal Service	08.30 – 19.00

Brook Clinic

Open 10:30–2:30 Christmas Eve
24th Dec
CLOSED Christmas Day, Boxing Day and 27th Dec
Open 11-5 28th Dec
Open 10-7 29th, 30th Dec
Open 10:30–2:30 31st Dec
CLOSED 1st, 2nd Jan

Back to normal hours from the 3rd Jan

There is a range of Appointments and Drop-In clinics during normal service. Please call 0117 342 6900 if further information needed.



UPDATE

Sexual Health Services
Young People Can Trust



Pleased to meet gives you the chance to meet professionals and young people working on sexual health in Bristol. This month we meet **Lucinda Farmer, a doctor at Bristol Sexual Health Services.**

I've been working as a doctor at Bristol Sexual Health Services for the past 6 years. I'm based at the Central Health Clinic (CHC) but also work at some of our peripheral clinics – notably Downend Clinic every Tuesday evening. We are an integrated sexual and reproductive health (SRH) service and offer a more holistic package of care to our patients; attending to all their contraception and sexual health needs at one visit. I hold a specialist “deep implant clinic” once a month, where I assess women with impalpable implants or previous failed removal attempts.



As well as being a clinician, I have a great passion for teaching and am a primary trainer for doctors wishing to obtain their Diploma in the Faculty of Sexual and Reproductive Healthcare. I also teach undergraduate students and currently I am supervising University of Bristol second year medical students who have taken a student-selected component (SSC) in peer-led sex and relationship education (SRE).

To contact Lucinda (professional enquiries), please email: Lucinda.Farmer@UHBristol.nhs.uk.

Also this month we meet **Sam Hayward, Community Health Development Worker for the South.**

I've been working as a Community Health Development Worker covering south Bristol since 2010, alongside my colleague Kate Roberts. Our role is to work on a range of health topics depending on the need and this can range from healthy eating through to domestic violence.



I currently chair the south Bristol domestic abuse forum and as part of that work we've been raising awareness of teenage relationship abuse following on from the Safer Bristol & University of Bristol's report into perceptions of domestic violence in Filwood. This showed that young people were very accepting of violence and abuse and didn't know where to go for help. One of the outcomes of our multi-agency work around this has included commissioning Theatre in Education group 'Unique Voice' to tour south Bristol schools, meeting with local youth workers to develop relationships workshops and specifically working with Oasis John Williams Academy to develop a week of healthy relationships events.

Contact Sam on: samuel.hayward@bristol.nhs.uk.