

4YYP UPDATE

Bristol

Sexual Health Services
Young People Can Trust



The 4YP team have been working hard over the summer, attending Pride & Harbour Festival to spread the word about 4YP. We were joined by the brilliant youth team 'SHARP' & managed to speak to over 400 young people & parents. The Don't be the One campaign, which focussed on violence in teen relationships, was also a big success & you might have seen the photo & article in the Evening Post. On our day of action we met over 70 young people, we have 150 pledges so far, 13 big chain stores supported the campaign by taking leaflets & lots of professionals downloaded our resource pack.

The 4YP Team, NHS Bristol

Government asks teens 'can you spot abuse?'

The 'This is Abuse' campaign from the Home Office has been re-launched and adverts will be running across social media sites, radio, TV and cinema advertising. The website from last summer has been refreshed with lots of information and advice, as well as live debates for young people to take part in. Just visit the website here for more information and to signpost young people: <http://thisisabuse.direct.gov.uk/>

Stop the Traffik launch new campaign

National charity, Stop the Traffik, has launched a new campaign that focuses on raising awareness of trafficking in the hospitality industry. The charity have launched a downloadable door hanger that supporters can leave on the doors of any hotel, B&B or hostel they stay.

For more information you can download the resource pack:

<http://www.stophetraffik.org/downloads/Travel-Alert!-pack.pdf>

Sexual Health Week 12 – 18 September 2011

Facts of Life, this year's FPA sexual health week, aims to encourage parents to talk to their children about sex and relationships. The campaign will focus on parents of 4 to 14 year olds and will be launching leaflets in 120 Morrison's in-store pharmacies and advice on their website for parents.

You can find out more about the campaign here: www.fpa.org.uk/factsoflife

4YP offer training on supporting parents: <http://tinyurl.com/3fpmq8g>

This is Abuse
re-launches



New trafficking
campaign



Sexual Health
Week 2011



Brook & celebs
are Sex:Positive



Sexuality group
for young disabled
people



Receptionist's
Training is back



MBE for local
youth worker



Change of chlam
screening office



Pleased to meet...
Ted from THT





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Brook and the Sex:Positive campaign

Brook National are running the Sex:Positive campaign, which is led by young volunteers working at Brook and aims to challenge society's negative attitudes about sex. The campaign aims to do this through gathering a movement of people who pledge to sign up to the campaign to create a Sex:Positive future. Pledgers so far include boy band JLS, David Paul Kierce, Tracey Cox, Zoe Margolis and David Lammy MP.

Joining the campaign is free and simple – you can visit www.sexpositive.org.uk to sign up to the campaign, or create your own written or video pledge. You can also follow the campaign on Twitter @BeSexPositive and become a fan on Facebook (BeSexPositive).

As well as having a centre in Bristol, the national Ask Brook helpline provides free and confidential sexual health information, support and signposting for all young people under 25. The service offers a confidential helpline, online enquiry service and interactive text message service. Young people can contact Ask Brook by:

Calling the freephone helpline – 0808 802 1234

Texting our interactive text message service on 07717 989 023 (standard SMS rates apply)

Visiting www.askbrook.org.uk to send a secure online message.

New sexuality group for disabled young people

National charity, KIDS, run a group for young disabled people aged 13-25 to discuss relationships and sexuality and are currently looking for more young people to join. The group is at the Wellspring Centre, Barton Hill, once every three weeks from 6:45pm - 8.45pm.

The group is issue based & addresses the topics that the young people want. Here are some topics:

- Friendships and what makes a good/bad friendship
- Body language
- Appropriate touch and personal space
- Consent and sexual consent
- Feelings and rejection

All young disabled people are invited to join but the group is not open access. KIDS like to discuss young people's requirements for inclusion beforehand to ensure they meet their needs from the start. If you know of anyone who maybe interested please ask them/ their parents to contact: Stacey or Louisa on 0117 947 6111 or email: stacey.coombs@kids.org.uk or louisa.jennings@kids.org.uk



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4YP Receptionists' and Pharmacy Counter Staff Training – 13th October

Delivered by Loudmouth: Education and Training through Theatre

The 4YP Training team have responded to all your requests for this bespoke training to be delivered again. This short and fast moving training helps GP surgeries and pharmacies to listen to young people's views and develop ways to make their services truly young people friendly. The training is used to help staff develop their practice and further understanding of the new young people friendly toolkit based on the 'You're Welcome' criteria as well as the 4YP quality criteria. The focus is on how services can implement the criteria using simple ideas that young people value.

More information, including the learning outcomes are available on the 4YP website. Just visit: http://www.4ypbristol.co.uk/training_entries. We will be delivering one at The Gatehouse in Hartcliffe and one at the Wellspring Healthy Living Centre in Barton Hill. You can also contact Elaine Stabb on 0117 900 2289/ elaine.stabb@bristol.nhs.uk.

MBE for Southmead youth worker

Pauline Teddy, project worker for Bristol Southmead Positive Futures and part of the young people's sexual health clinic in Southmead, has been given an MBE for her work for the young people and community of Southmead.

Pauline has worked hard for her local community, first getting involved in community action group, Voice of Southmead, in the 1990s. From this, she started work on programmes to support local young people, including sports projects supported by the council and the police. Bristol Southmead Positive Futures was set up for young people in 2001, one of 91 Home Office funded community-based projects that support young people at risk of becoming involved with crime, drug and alcohol misuse.

Change of Chlamydia Office

The Chlamydia Screening Office has re-located to South Plaza. The new address is below as well as the change of phone number for professionals. The 0845 1800050 number for young people/patients, remains the same.

Bristol Public Health, NHS Bristol, 4th Floor South Plaza, Marlborough Street, Bristol, BS1 3NX
0117 984 1519

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Pleased to meet gives you the chance to meet professionals and young people working on sexual health in Bristol. This month we meet **Ted Taziveyi**, a Black and Minority Ethnic (BME) Support Co-ordinator at THT Bristol

My current role has two components; supporting people living with HIV and implementing health promotion interventions. The first involves identifying clients' needs and providing appropriate support & information (on 1-2-1 basis and telephone) to African & other BME communities living with HIV.



I run Open Access, a twice weekly drop-in service for all clients living with HIV. It offers emotional support, sharing experiences, reducing isolation or signposting to other services for relevant support to live positively & well with HIV. I refer clients living with HIV to explore <http://www.myhiv.org.uk/> - a website with exciting features & useful information. I also organise Strength-For-Action, a vibrant support group for African & other BME communities living with HIV. They meet at in a secure & confidential environment to discuss issues affecting them. Members of Strength-for-Action do not only talk about HIV-related issues but also identify exciting outdoor activities they'd like to participate in. I encourage group members to join Ffena, a network of Africans in the UK living with or affected by HIV that allows them to share experiences & have a voice. More information can be obtained by visiting www.ahpn.org/ffena.

The second component of my role is leading the development & implementation of health promotion & HIV prevention interventions in line with National African HIV Intervention Programme (NAHIP). I promote & distribute health promotion campaigns & publicity resources that empower HIV testing, reduce undiagnosed HIV, reduce stigma & discrimination for African communities, for both young people and adults in Bristol. I facilitate Kobana Stories workshops that promote inter-generational discussion of sexual health issues in African communities. Also, I promote NAHIP's "[I Do It Right](#)" campaign & others at outreach events. Recently, I have started distributing health promotion resources for African communities to targeted GP surgeries in some parts of Bristol.

Research in the UK has shown that African communities are the second largest group affected by HIV, therefore it is important that they actively seek HIV testing, know their status, get appropriate support & treatment if necessary.

A bit about me...I have Masters in Public Health, Diploma in HIV among other qualifications. My contact details are: telephone 0117 955 1000 and e-mail ted.taziveyi@ttht.org.uk.