



# UPDATE

Sexual Health Services  
Young People Can Trust



*Some of you might have heard the good news that Bristol's teenage conception rates have fallen by 4.5% from our 1998 baseline. We had lots of coverage in the local press and the overall UK rate is at a 20 year low.*

*The team here is going through a few changes and we want to say a fond farewell to Anne Barwell who is retiring at the end of this month. Also, a big good luck and see you soon to Mandy Parry who is going on maternity leave and welcome to Lizzie Hendon who will be joining the team from Somerset Teenage Pregnancy team from April 8<sup>th</sup>.*

*The 4YP Team*

## SRE event and resource pack launch

A new SRE resource called "Sex...and stuff. A Sex and Relationships Resource for Key Stage 3/4" will be launched on March 19th. The resource provides lesson plan ideas for all those working with KS 3/4 young people. This resource is aimed at providing a standard template for schools and others on which they can build high quality SRE for Bristol's young people.

For more information contact Neil Davidson on [neil.davidson@bristol.gov.uk](mailto:neil.davidson@bristol.gov.uk).

## Sexual health and learning difficulties in Bristol

A sexual health needs assessment is being carried out for children, young people and adults with learning difficulties in Bristol.

National evidence suggests that people with learning difficulties can experience a number of barriers in relation to achieving good sexual health. Increasing local evidence suggests that sex and relationships education and access to sexual health support services may not be meeting the needs of this population, across both child and adult services in Bristol.

We are interested in the experiences of any one with learning difficulties, parents, carers and people who work with people with learning difficulties. We are particularly interested in peoples experiences of accessing sexual health services and experiences of sex and relationships advice. So, if you would like to contribute, please contact Noshin Emamiannaeni by emailing [Noshinem@hotmail.com](mailto:Noshinem@hotmail.com), or call 07922563911.

SRE resource  
launch

Learning  
difficulties  
research

Teen  
pregnancy  
beyond 2010

Young people  
and porn

Do you have  
case studies?

Sexual health  
scorecard

Pleased to  
meet... Nikki  
Lawrence



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## Government Report: Teenage Pregnancy 2010 and Beyond

With the 10 year teenage pregnancy strategy coming to an end this year, the government has published its strategy for 2010 and beyond.

Building on the work of the last ten years, the government's new strategy aims to help young people:

- Receive the information, advice and support they need – from parents, teachers and other professionals – to deal with pressure to have sex; enjoy positive and caring relationships; and experience good sexual health; and
- Access and know how to use contraception effectively when they do reach the stage that they become sexually active, so they can avoid unplanned pregnancies and sexually transmitted infections (STIs).

To read the full report visit:

<http://www.dcsf.gov.uk/everychildmatters/healthandwellbeing/teenagepregnancy/teenagepregnancy/>

## Young people and pornography

Brook, the Centre for HIV and Sexual Health, FPA, and The National Youth Agency have produced a Briefing Document to support workers to discuss the issue of pornography with young people within a clear context. The Briefing has been produced as a result of increasing questions and concerns from youth workers, clinicians and other staff in contact with young people, about a perceived increase in the nature and extent of pornography available to young people; and reports from young people themselves of pressure to conform to sexual behaviours, attitudes and values seen within pornography.

The Briefing is available to download from the website of the Centre for HIV and Sexual Health

[www.sexualhealthsheffield.nhs.uk](http://www.sexualhealthsheffield.nhs.uk)

## Call for case studies

As part of our communication and marketing work we would like to use young people as spokespeople for 4YP Bristol – whether that be about a service that they have used and liked, or a topic that they feel passionate about.

If you know of any young person that might have a story to tell, please let Jess Boydell, Communication Coordinator, know. [jboydell@connexionswest.org.uk](mailto:jboydell@connexionswest.org.uk).



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## Sexual health balanced scorecard

This month has seen the first release of the Sexual Health Balanced Scorecard. The scorecard aims to bring together a range of sexual health indicators in one place. It has been developed by the South West Public Health Observatory (SWPHO) with the Health Protection Agency and partners in the Association of Public Health Observatories.

This toolkit is supported as best practice by the Department of Health and the aim is to provide a key source of sexual health information for public health, commissioning and performance management colleagues at a local, regional and national level. The scorecard will be accessible through

[www.sexualhealthscorecard.org.uk](http://www.sexualhealthscorecard.org.uk).

***'Pleased to meet...' gives you the chance to meet professionals and young people working on sexual health in Bristol. This month we meet **Nikki Lawrence**, our new Public Health Nurse for Sexual Health.***



My background is in Paediatric nursing and I have worked for the last 12 years as a Senior School Health Nurse in Bristol. For the last 4 years I have also been seconded to the Healthy Schools team for a day a week as a Sex and Relationship Education Consultant for Bristol City Council.

My new role as Public Health Nurse for Sexual Health is funded by the PCT and has been created to improve School Nurses input into the local Teenage Pregnancy Strategy. I hope to achieve this by improving young peoples' access to contraception, advice and support and to contribute to the delivery of good quality Sex and Relationship Education in schools.

I aim to work in partnership with key agencies such as Brook and 4YP and to improve communication with professionals and young people about teenage pregnancy and sexual health. I also plan to identify young people at risk of teenage pregnancy and ensure they access the support they require. The role also involves delivering Sex and Relationship training at both level 1 and 2 to the School Nurse team and to other professionals and to support nurses completing the Certificate of Teaching PSHE.

My hope is to lead and empower the School Nursing Service to enhance and develop their sexual health work to improve outcomes for children and young people. If you need to contact me for advice, support or information my contact details are: **Tel: 0117 3302591 Mobile: 07823532788 Email: [nicola.lawrence@nbt.nhs.uk](mailto:nicola.lawrence@nbt.nhs.uk)**